

Job Explorer: My Dream Job-Lesson 6

Topic: Career Goals and Strategies

Objectives:

Students will be able to:

- Identify three possible career goals
- Describe strategies that support each of the career goals they created

Materials:

- Worksheets #6A, #6B, and #6C.

Focus Question: What are my career goals and supporting strategies?

Teaching Strategies:

Introduction:

- Ask students to explain their answers to the following:
 - What is one lifetime career goal you have?
 - Describe one strategy that would enable you to accomplish this goal.

Body of the lesson:

Tell the class that today they will be discussing career goals and supporting strategies

- Distribute Worksheet #6A, “Cartoon.” Have students follow the directions for the exercise on the worksheet. Then, have them explain their answers to the following:
 - What is this cartoon about?
 - How would you answer the question posed by the character in the cartoon: “What am I supposed to do with the different pieces of the puzzle?”
 - What title would you give this cartoon?
- Distribute Worksheet # 6B, “Strategies.” Have students follow the directions to complete the exercise on the worksheet. Then have the class explain their answers to the following:
 - Why is important to have strategies to support your career goals?
 - Which of these strategies would be easiest for you to carry out?
 - Which of these strategies would be most difficult for you to carry out?
 - Which of these is most important to carry out to achieve your career goals?
- Distribute Worksheet #6C, “Dream Job Essay Challenge and Dream Job Worksheet”:

Worksheet #6A, “Cartoon”

Exercise: Study the cartoon below and in one or two sentences summarize the meaning of the cartoon in the space below.

I asked for some information about career goals and strategies. Instead, my school career counselor gave me these puzzle pieces. What do these pieces have to do with goals and strategies?



Adapted from: <http://www.beyond.com/articles/setting-career-goals-part-1-11204-article.html>

Summarize the meaning of the cartoon in one or two sentences below:

Worksheet #6B “Strategies”

Exercise: The list below contains 7 suggested strategies for achieving career goals. Place a check mark in the appropriate box to indicate whether the strategy suggested would be easy or difficult for you to carry out.

Strategies for Achieving Career Goals	Easy for me to carry out	Difficult for me to carry out
<p>1. Have Confidence The first strategy is <i>believing in yourself</i>. Believing in yourself begins with setting achievable goals and identifying when those goals need to be adjusted.</p>		
<p>2. Set a Clear Direction. Strategy two involves developing a clear focus and knowing the most direct path to your goal. Having focus and direction will keep you energized, engaged, and determined to make the best decisions, taking the wisest actions.</p>		
<p>3. Make the Necessary Changes. Achieving your career goals will almost certainly require making some changes in your attitude, skill set, or personal habits, Faced with the need to change, you can either choose to do so, do nothing, or resist. Resisting making necessary changes or choosing to wait and see means you have chosen not to succeed.</p>		
<p>4. Identify Your Strengths. Strategy four requires you to identify your strengths and use the most relevant ones to achieve your goals.</p>		
<p>5. Transform Stumbling Blocks Into Steppingstones. The next strategy calls upon you to identify potential obstacles to your career success, whether external (other people or situations that affect what a person wants to be or do) or internal (the person's own fears, self-doubts, and concerns) and turning those stumbling blocks into opportunities for career growth.</p>		
<p>6. Ask for help when you need it. It's not always easy to ask for – or get – help from others. An important strategy in achieving career goals is to know how to ask for help when you need it-- and get it. Effective communication is key here.</p>		
<p>7. Making Good Decisions. You must develop a decision-making strategy in order to achieve career goals. You do this by evaluating all actions that could be taken in any given scenario, and then select the action that will be most effective for achieving the desired results.</p>		

Adapted from: <http://www.2sbdigest.com/Career-and-Personal-Goals>

